



## ***PLYMOUTH LEANDER***

***Winter National Qualifier SC Level 2 Open 2021***



***Saturday 20th—Sunday 21st November 2021***

***ASA License 2SW210901***

***In partnership with***





**PLYMOUTH  
LEANDER  
SWIMMING**

**The Plymouth Leander  
Winter National Qualifier Level 2  
Short Course Open**

**Plymouth Life Centre,  
Saturday 20<sup>th</sup> -Sunday 21st November 2021**

[www.plymouthleander.com](http://www.plymouthleander.com)



**WATER INSTINCT**

**Held under SwimEngland Laws and Regulations and SwimEngland Technical Rules of  
Racing**

**Venue** : Plymouth Life Centre, Plymouth, PL2 3DG

**Pool** : 10-Lane 25m Racing Pool With ROMA09-TRK Starting Blocks  
: 2 Metres throughout and 140mm FINA regulation lane lines  
: Constantly Available 2 Lane 25m Swim Down Pool  
: Electronic Timing & 10-Lane Video Display Screen  
: Secondary Strobe on all start blocks  
: On Site Cafeteria & Parking

**This is a Level 2 Licensed Meet for Entry into National & Regional Level Competitions**

**Age Groups** : 9 /10 yrs, 11 /12 yrs,13 /14 yrs,15/16 yrs, 17 yrs & Over.  
: All Events HDW– No finals.  
: Age as at 21<sup>st</sup> November 2021 with a minimum age of 9yrs .

**Awards** : Medals to 1<sup>st</sup> 3 in all Age Group Events  
: Top Male Athlete & Top Female Athlete Awards  
: Top Visiting Club Award

**Events** : 50m, 100m & 200m All Strokes  
: 400m, 800m, 1500m Freestyle (800m limited to 4 & 1500m to 3 Heats  
(9yrs and 10 yrs cannot enter 800m/ 1500m)  
: 200m IM & 400m IM (9 yrs and 10yrs cannot enter 400m IM)

**Fees** : Race Entry Fee £8 for all Events  
: Deck entries will be £8.50 per event.  
: Account details: Sort Code: 56-00-63 Account No: 46355588

**Entries To** : Andy Hutchinson  
13 Wolseley Road  
Milehouse,  
Plymouth, PL 2 3AA

**Please do not use Recorded or Special Delivery to post your entry forms.**

**Enquiries** : Can be e-mailed to [meets@plymouthleander.com](mailto:meets@plymouthleander.com)

**Closing Date** : 12.00 Midnight on Friday 29<sup>th</sup> October 2021



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**WATER INSTINCT**

**Meet Conditions**

1. The event will be held at Plymouth Life Centre (25m pool) on Saturday 20<sup>th</sup>- Sunday 21<sup>st</sup> November 2021
2. The event will be held under SwimEngland Laws and Regulations and SwimEnglandTechnical Rules of Racing.
3. All British swimmers must be registered All swimmers must be members of a club affiliated to the Swim England, Swim Wales or Scottish Swimming and registered as Cat 2, or the relevant national governing body if this is not one of the above.
4. Law.
5. The Meet will be run under Level 2 conditions.
6. Competitor's age groups shall be defined as at 21<sup>st</sup> November 2021, competitors must be at least 9 years old by the last day of the event.
7. A competitor may enter all events (subject to Condition 6) in his/her age group;- 9yrs, 10/11yrs, 12/13 yrs; 14/15 yrs, 16yrs & Over.
8. 9 & 10 year old competitors may NOT swim 400m IM, 800m or 1500m free.
9. For entry to this Meet into L2, times will only be accepted with actual times from British Rankings- Level X times will be accepted. All submitted entry times must either be:
  - i) Times achieved in a 25m pool
  - ii) Times which have been converted to a 25m pool time
10. Swimmers who enter will be placed in a Heat appropriate to their entry time within the conditions of the Level 2 Qualifying criteria.
11. Disability swimmers may enter and will be placed in a Heat appropriate to their entry time within the conditions of the Level 2 Qualifying criteria. There will be no separate Para-qualifying times.
12. All events are Heat Declared winners. Heats will be seeded with the fastest entrants swimming last. The heats of all events will be spearheaded.
13. Entries of 5 or less swimmers from the same Club may be made using the official meet entry form. Unless arranged and agreed in advance with the Meet Promoter, entries not adhering to this condition will be rejected without consideration.
14. Clubs are responsible for their swimmer's entries. If, after publication of Accepted Entries or the programme a Club notes an error on an entry from their submission, the Promoter cannot guarantee that the swimmer will then be able to swim the preferred event or in an appropriate heat.
15. If events are under-subscribed acceptance of additional entries will be at the Promoters discretion. These will be offered after the competition's closing date for entry. However, these competitors must still enter within the stated qualification times and will be accepted on the basis of the fastest entries first rule, by age group.



### **Meet Conditions**

14. A system of Deck Entries will operate however extra swims will be slotted into empty lanes if space is available and the events will not be re-seeded. The Deck entries must meet the conditions of the Meet and must be in by the beginning of the warm up of each session. Cost of Late or Deck Entries will be £8.50 per event.
15. If the number of entries received for the meet becomes untenable, the promoters reserve the right to limit the number of entries accepted on the basis of times submitted to enable the competition to meet licensing requirements. Any deletions made will be slowest first and proportionate and will endeavour to ensure an equal balance of swimmers across the age groups and events.
16. The meet promoter will check entries against the British Rankings where it is felt that a swimmer may be submitting a faster time in order to gain entry to this meet. Falsely entered times could result in the athlete being scratched from the specific race(s) affected without refund of fees.
17. No refunds for entries will be given after the publication of the Accepted Entries, except in the case of:
  - a swimmer being subsequently selected to swim for their country on the same day
  - the production of a Doctor's note confirming the athlete is unfit to compete.
  - the swimmer contracts Covid and must isolate.
  - notification of withdrawals before publication of Accepted Entries will receive a 50% refund
18. Plymouth Leander Swimming uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Bill 2018 (GDPR), to the holding of personal information on computer. Personal data handled such as name, club, year of birth, recorded and entered times may be made public during or after the meet. All Personal Data will be retained in a confidential manner and access to such Data will be restricted by the Meet Promoter and limited to only those operating the Meet Software in order to process results. All supporting paper **entry** details will be destroyed within 3 months of the completion of the Meet results. Further information on Plymouth Leander Swimming Association Data Protection and GDPR compliance and policy can be requested by contacting the Club Data Protection Officer, Andy Hutchinson.
19. Competitors must report to the stewards in the marshalling area at least two events prior to their own where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event, and their lane space offered to a reserve swimmer. It is the responsibility of the Team Managers and Coaches to ensure that their swimmers report to the Marshalling area in time for the start of their race.



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**WATER INSTINCT**

### Meet Conditions

20. Swimmer sign in will be required for **all 400m, 800m & 1500m** events. This must be completed before commencement of each session warmup in which the event is swam. Failure to sign in before warmup has commenced will result in the swimmer being removed from the event.
21. On acceptance of entries, the swimmer and any supporters agree that their behaviour will be of an appropriate and respectful manner, abiding by the rules of the competition and venue. Failure to do so could result in removal from the meet.
22. Swimmers and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and/or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet.
23. Competitors are reminded that sensible footwear should be worn when off the pool deck at all times.
24. All Clubs will be permitted to purchase up to 3 Coach Passes per Club (regardless of entrant numbers) and one additional Coach Pass per 10 athletes over 30 swimmers. Coach Passes will not be sold on the day. Admission to pool deck will be refused to non-pass holders.
25. Any swimmer unable to execute a safe dive from the starting blocks into shallow water, are reminded that they should start from the side of the pool.
26. The swim down pool will be operated at a depth of 1.5 meters to ensure the safety of swimmers during cool down, **Safeguarding:** Plymouth Leander follow SwimEngland Wavepower 2020-2023 guidelines.
27. To support all visiting, local and club swimmers as well as Child Safe Guarding criteria Plymouth Leander reserves the right to designate seating within the viewing balcony for swimmer use, visitors and parents are kindly requested not to occupy designated seating.
28. Meet participants must help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways with bags and should report any issues immediately to a member of the pool staff or to the Meet Promoter.
29. Changing on poolside is forbidden and the Changing Village **must** be used. Team Managers and Coaches are expected to enforce this rule. Any swimmer found changing poolside may be disqualified from further events.
30. **No LARGE BAGS ARE PERMITTED POOLSIDE.** Lockers must be used for all swim bags – only small food bags will be permitted on poolside – together with swimmers' poolside footwear, club shirt, towel and water bottles.
31. The promoters do not accept responsibility for any property. Lockers are available in the changing village or main corridor and should be used for the safe keeping of all belongings.



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**WATER INSTINCT**

32. If participating Competitors or other Club members on poolside suffer injury or damage as a result of any failure by any person to follow the regulations set out then neither the Promoter nor Everyone Active will accept any liability in respect of any such injury or damage.
33. All participating competitors are deemed to be aware of these conditions and it is each participating Clubs responsibility to make their members aware of these conditions
34. All swimmers, officials, volunteers, spectators diving is strictly prohibited in the swim down pool.
35. The referee's decision is final.

## **Programme of Events**

### **Day 1**

<b>Session 1 – Saturday 20<sup>th</sup> November 2021</b>			
<b>Warm Up 1pm</b>			
<b>NO</b>	<b>M/F</b>	<b>AGE</b>	<b>EVENT</b>
<b>101</b>	M	9yrs+	400m Freestyle
<b>102</b>	F	9yrs+	200m Breaststroke
<b>103</b>	M	9yrs+	200m Backstroke
<b>104</b>	F	9yrs+	100m Freestyle
<b>105</b>	M	9yrs+	100m Butterfly
<b>106</b>	F	9yrs+	50m Butterfly
<b>107</b>	M	9yrs+	50m Freestyle
<b>108</b>	M/F	11yrs+	800m Freestyle

<b>Session 2 – Saturday 20<sup>th</sup> November 2021</b>			
<b>Warm Up TBC</b>			
<b>NO</b>	<b>M/F</b>	<b>AGE</b>	<b>EVENT</b>
<b>201</b>	F	9yrs+	100m Backstroke
<b>202</b>	M	9yrs+	100m Breaststroke
<b>203</b>	F	9yrs+	50m Breaststroke
<b>204</b>	M	9yrs+	50m Backstroke
<b>205</b>	M/F	11yrs+	400m Ind Medley
<b>206</b>	F	9yrs+	200m Freestyle
<b>207</b>	M	9yrs+	100m IM
<b>208</b>	F	9yrs+	100m IM

## Programme of Events

### Day 2

#### Officials Requirement

Session 1 – Sunday 21 <sup>st</sup> November 2021			
Warm Up 12pm			
NO	M/F	AGE	EVENT
301	F	9yrs+	400m Freestyle
302	M	9yrs+	200m Breaststroke
303	F	9yrs+	200m Backstroke
304	M	9yrs+	100m Freestyle
305	F	9yrs+	100m Butterfly
306	M	9yrs+	50m Butterfly
307	F	9yrs+	50m Freestyle
308	M/F	11yrs+	1500m Freestyle

To

Session 2 – Sunday 21 <sup>st</sup> November 2021			
Warm Up TBC			
NO	M/F	AGE	EVENT
401	M	9yrs+	100m Backstroke
402	F	9yrs+	100m Breaststroke
403	M	9yrs+	50m Breaststroke
404	F	9yrs+	50m Backstroke
405	M/F	9yrs+	200m Butterfly
406	M	9yrs+	200m Freestyle
407	F	9yrs+	200m IM
408	M	9yrs+	200m IM

ensure we comply with Licensing requirements and deliver a successful gala, we require SwimEngland Qualified Officials who are willing to assist. In recognition of the support given we offer expenses in line with our Expenses Policy, details are available from the below email, in addition lunch and refreshments will be supplied. Please provide details of your Officials to:-

[Officials@plymouthleander.com](mailto:Officials@plymouthleander.com) as soon as possible, to include the following details:-

- Name and Club
- SwimEngland number & Qualification
- License Expiry Date

## L2 Qualifying times

	<b>FEMALE</b>							
Age	9	10	11	12	13	14	15	16+
50m Free	41.00	41.00	38.75	37.25	35.25	33.95	31.75	30.95
100m Free	1.22.00	1.22.00	1.19.00	1.17.95	1.15.25	1.10.00	1.08.55	1.07.00
200m Free	3.10.00	3.10.00	3.06.00	2.57.75	2.43.50	2.37.00	2.29.00	2.27.15
400m Free	6.25.00	6.25.00	6.18.00	6.08.25	5.44.25	5.26.10	5.17.15	5.12.00
800m Free			12.45.00	12.35.00	12.25.25	11.43.35	11.30.50	11.01.35
1500m Free			23.55.00	23.35.00	23.05.00	23.03.75	21.05.00	20.45.00
50m Breast	52.25	52.25	50.25	48.95	47.25	44.25	43.45	42.98
100m Breast	1.50.00	1.50.00	1.47.50	1.44.17	1.40.00	1.35.50	1.34.00	1.32.25
200m Breast	4.02.00	4.02.00	3.53.00	3.46.00	3.32.00	3.22.00	3.17.00	3.12.85
50m Fly	50.00	50.00	48.5	46.96	43.25	42.45	37.55	35.25
100m Fly	1.50.00	1.50.00	1.48.00	1.45.45	1.38.25	1.28.10	1.25.95	1.24.75
200m Fly	4.30.00	4.30.00	4.20.00	4.09.00	3.38.55	3.29.39	3.07.25	2.57.00
50m Back	46.00	46.00	44.00	42.00	39.55	38.50	37.98	36.95
100m Back	1.42.00	1.42.00	1.37.50	1.32.50	1.26.95	1.20.15	1.19.25	1.18.00
200m Back	3.46.00	3.46.00	3.40.00	3.34.55	3.07.15	2.54.95	2.51.00	2.46.13
100m IM	1.44.50	1.44.50	1.40.50	1.36.75	1.28.15	1.22.09	1.20.15	1.18.00
200m IM	3.45.00	3.45.00	3.39.00	3.29.95	3.07.75	2.57.25	2.50.00	2.48.35
400m IM			6.30.00	6.25.00	6.18.52	6.12.00	6.05.22	5.58.55

	<b>MALE</b>							
Age	9	10	11	12	13	14	15	16
50m Free	41.00	41.00	38.75	36.5	34.25	33.25	31.2	29.50
100m Free	1.22.00	1.22.00	1.19.00	1.17.25	1.14.50	1.10.25	1.06.75	1.02.05
200m Free	3.10.00	3.10.00	3.06.00	2.59.75	2.45.65	2.34.15	2.24.00	2.20.15
400m Free	6.25.00	6.25.00	6.18.00	6.03.25	5.40.25	5.25.00	4.58.36	4.52.25
800m Free			12.45.00	12.35.00	12.25.25	11.43.35	11.30.50	11.01.35
1500m Free			23.55.00	23.35.00	23.05.00	23.03.75	21.05.00	20.45.00
50m Breast	52.25	52.25	50.25	49.75	47.45	45.25	42.35	40.33
100m Breast	1.50.00	1.50.00	1.47.50	1.45.95	1.44.25	1.36.95	1.29.25	1.26.00
200m Breast	4.02.00	4.02.00	3.53.00	3.47.95	3.35.00	3.21.25	3.08.10	3.03.25
50m Fly	50.00	50.00	48.50	45.25	42.55	41.75	37.10	34.25
100m Fly	1.50.00	1.50.00	1.48.00	1.42.15	1.41.55	1.34.50	1.25.25	1.19.10
200m Fly	4.30.00	4.30.00	4.20.00	4.09.00	3.48.50	3.36.15	3.20.25	2.58.98
50m Back	46.00	46.00	44.00	43.35	42.75	40.95	36.75	35.45
100m Back	1.42.00	1.42.00	1.37.50	1.29.95	1.25.50	1.21.65	1.17.00	1.15.98
200m Back	3.46.00	3.46.00	3.40.00	3.20.25	3.08.25	2.59.25	2.40.75	2.35.75
100m IM	1.44.50	1.44.50	1.40.50	1.38.75	1.27.75	1.20.92	1.14.64	1.12.89
200m IM	3.45.00	3.45.00	3.39.00	3.30.25	3.07.95	2.59.15	2.47.35	2.37.25
400m IM			6.32.00	6.27.00	6.21.98	6.05.45	5.50.47	5.32.85





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**WATER INSTINCT**

**Entry Form** COMPLETE IN BLOCK CAPITALS – PHOTOCOPIES ACCEPTED BUT SIGNATURES MUST BE ORIGINAL  
Individual Payment Details (see Summary Sheet for Grouped Payment and Coaches Pass Details)

Club					
Surname		First Name		Middle Initial	
Preferred Name (for Programme)					
Date of Birth				M/F	
Age as at 21st November 2021					
Telephone Number / Mobile Number (Parent* - contact for entry queries)					
e-Mail Address - (for confirmation of receipt of entry)					
ASA Number		Para Swimmer Please Tick		S Class	
EVENT		SELECT	ENTRY TIME		
50m Freestyle					
100m Freestyle					
200m Freestyle					
400m Freestyle					
1500m or 800m Freestyle					
50m Butterfly					
100m Butterfly					
200m Butterfly					
50m Breaststroke					
100m Breaststroke					
200m Breaststroke					
50m Backstroke					
100m Backstroke					
200m Backstroke					
200m Individual Medley					
400m Individual Medley					
Total No of Entries	Description		Cost per Event*		Total
	Individual Entries		£8.00		
Entries Close Friday 29th October 2021:					
				Total Payable	
I DECLARE THAT THE ABOVE DETAILS ARE CORRECT & THAT I AM ELIGIBLE TO COMPETE IN ACCORDANCE WITH SWIMENGLAND LAW & THAT I UNDERSTAND & ACCEPT THE MEET CONDITIONS					
Signature of Competitor .....					
Signature of Parent*(if under 18) .....					