

Saturday 14th July
Session: 1 Warm ups at 12.30pm - 30 minutes
Racing Starts at 01:05 PM

Event	Heats
101 Mixed 11 & Over 400 IM	4
102 Men 9 & Over 100 Freestyle	9
103 Women 9 & Over 50 Butterfly	10
104 Men 9 & Over 50 Backstroke	8
105 Women 9 & Over 200 Breaststroke	7
106 Men 9 & Over 200 Freestyle	5
107 Women 9 & Over 100 Butterfly	4
108 Men 9 & Over 200 IM	5
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Saturday 14th July
Session: 2 Warm ups not before 3:30pm - 30 minutes

Event	Heats
201 Women 9 & Over 100 Breaststroke	11
202 Men 9 & Over 100 Backstroke	7
203 Women 9 & Over 50 Freestyle	17
204 Men 9 & Over 50 Breaststroke	8
205 Women 9 & Over 200 Backstroke	7
206 Men 9 & Over 100 IM	8
207 Women 9 & Over 100 IM	13
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Estimated Finish Time Approx. 7:00pm

Sunday 15th July
Session: 3 Warm ups at 11.30pm - 30 minutes
Racing Starts at 12:05 PM

Event	Heats
301 Women 9 & Over 200 IM	9
302 Men 9 & Over 50 Butterfly	8
303 Women 9 & Over 100 Freestyle	15
304 Men 9 & Over 200 Breaststroke	4
305 Women 9 & Over 50 Backstroke	13
306 Men 9 & Over 100 Butterfly	4
307 Mixed 10 & Over 400 Freestyle	7
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Sunday 15th July

Session: 4 Warm ups not before 2.45pm - 30 minutes

Event	Heats
401 Women 9 & Over 100 Backstroke	9
402 Mixed 9 & Over 200 Butterfly	4
403 Men 9 & Over 100 Breaststroke	5
404 Women 9 & Over 200 Freestyle	9
405 Men 9 & Over 200 Backstroke	4
406 Women 9 & Over 50 Breaststroke	13
407 Men 9 & Over 50 Freestyle	9

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Estimated Finish Time Approx 5:40 PM